



# Food Assistance Guide

Provided by Marshall County Family Resource Network

*Services provided by a grant from the West Virginia Department of Human Services, Bureau for Family Assistance*

## **Blue & Gold Christian Center**

7 Church Street, Cameron, WV 26033

304-686-2210

Hot meals after school Monday - Friday for children  
Senior dinner once monthly, no set date - call for details

## **Calvary United Methodist Church**

1601 First Street, Moundsville, WV 26041

304-845-2732

Provides a pantry on an as-needed basis - 9 a.m. to 12 p.m. Monday - Thursday  
Call ahead to make appointment, no eligibility requirements

## **Cameron Baptist Church**

62 Squirrel Alley Lane, Cameron, WV 26033

304-686-3301

Provides a pantry on an as-needed basis  
Call ahead to make appointment, no eligibility requirements

## **Glen Dale United Methodist Church**

700 Wheeling Avenue, Glen Dale, WV 26038

304-845-1140

Tuesday, Wednesday, Thursday - Church Office Hours

Provides gift card for food once yearly - must reside in Marshall County and have valid ID

## **Family Service of the Upper Ohio Valley**

51 11th Street, Wheeling, WV 26003

304-233-2350

Hot meals delivered Monday - Friday  
Must be over 60 years-old and homebound

## **Feeding Body & Soul Community Kitchen**

800 7th Street, Moundsville, WV 26041

304-845-5080 ext. 0

Hot meal provided daily from 11:30 a.m. to 12:30 p.m. (excluding Sunday)  
No eligibility requirements



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## **McMechen First Church of God**

PO Box 102, McMechen, WV 26040

304-905-8230

Call to set up an appointment to receive food

No eligibility requirements - Primarily serving McMechen and Benwood

## **Mt. Olivet United Methodist Church "The Lord's Pantry"**

162 Fairmont Pike, Wheeling, WV 26003

304-242-3162

Pantry: 8:30 a.m. to 10:30 a.m. - 4th Friday of the month (3rd Friday in November & December); no eligibility requirements.

## **Shepherd's Pantry**

601 Jefferson Avenue, Moundsville, WV 26041

304-221-9510

Pantry: Wednesdays, 9 a.m. - 11:15 a.m. Must be a client - provide proof of address and income, social security number for all in household. Can receive food once a month.

## **Temple Baptist Church**

2300 Second Street, Moundsville, WV 26041

304-280-6630

Provides food and hygiene items - 9 a.m. to 11 a.m. fourth Saturday of the month  
No eligibility requirements, first-come, first-served basis

## **Salvation Army**

700 Jefferson Avenue, Moundsville, WV 26041

304-845-0510

Pantry: 8:30 a.m. to 4 p.m. - every Thursday. Call ahead to set up appointment; walk-ins also welcome. Must provide photo ID, no other eligibility requirements.

## **Wellspring Pregnancy Center**

1315 Center Street, Moundsville, WV 26041

304-810-0292

Tuesday and Thursday 10 a.m. to 4 p.m.

Sign up to be a client - provides services for expecting mothers and material assistance from newborn through six months. Clients can shop once a month.